



# Womenspace news

Edition 3, 2007  
September – December

All events listed in this newsletter are at Womenspace unless stated otherwise.

## OPENING TO ABUNDANCE

Womenspace is “Opening to Abundance” in love, gratitude and generosity in 2007.

We have moved on now from our earlier theme of *Greening the Spirit* to that of *Purpling the Heart*. Already the Bakery is full of rich purple tones and colours as our Womenspace art group and other members display their creativity. Purple is such a full colour with much symbolic meaning attached to it. A mix of red and blue – of heat and cold – it can remind us of what we need to let go and of what we need to embrace. What is in our heart that keeps it cold? What do we need to let into our heart to warm it up?

In the ancient Celtic alphabet of Ogham, purple is often associated with the letter Huath, connected with patience, a time of waiting and planning, temporary obstacles and eventually success. Sounds like the astrological interpretation for the planet Saturn, which has been more than usually visible in the skies of late. Our opening to abundance has certainly proved fruitful so far this year. But Purple, Huath, and Saturn remind us of the value and the wisdom of patience, of waiting quietly when it seems the time to do so, and of never doubting that finally we will receive the gifts that the Source of all gifts wishes for us.

The planning group has devised a number of exciting and inspiring events for this latter part of the year. Full details are in the newsletter and you will be advised of any further developments through our weekly email updates. If you do not receive these but would like to, please send us your email address. For now, here is a brief summary of those events directly on the subject of Purpling our Hearts.

The opening Conversation Circle – *Purpling the Heart* – has already taken place (given that the theme covers the period July to December). It resulted in much stimulation for those who took part. The Planning Group and then the Art Group met the following week, setting the project in motion. On August 17<sup>th</sup>, the film *The Colour Purple*, will be shown. On Tuesday 11<sup>th</sup> September, there will be a *Purpling the Heart Ritual Celebration* to mark the night of the dark / new moon (and solar eclipse visible in South America and Africa); on Friday 2<sup>nd</sup> November, a *Reflection on Purple Abundance*; and finally our annual *Summer Solstice Ritual and Break-up Party* on Sunday 16<sup>th</sup> December.

These are mostly celebratory events and we hope you can come and rejoice with us all as we express gratitude for all the abundance to Womenspace that has come and is to come in the future. It may be worth remembering here, in terms of abundance that has already been given us, that 17<sup>th</sup> September – feast day of that remarkable medieval woman Hildegard of Bingen - marks the 10<sup>th</sup> anniversary of the initial public meeting to see if the concept of Womenspace would find a response in the hearts of women other than the eight women who had planned it. It was a meeting full of energy and excitement and the first coordinating committee was able to be formed from volunteers on that evening. Thanks to the incredibly hardworking committee over a long, sustained period and to the generosity of the Presentation Sisters in offering to buy a building and to the Sisters of Mercy for giving money to employ someone to set up the necessary structures followed by a coordinator for three years or more, Womenspace was enabled to come into being at the wonderful sacred space at Homebush Road. Mention needs to be made also of Patricia Sherman, the real estate agent who pulled out all stops to find us a place, and Cr Maureen Hayes who tipped the scales for us when the Brisbane City Council was reluctant to allow us to operate there.

There are other events also, planned for this second half of 2007, of course, and you will find them detailed in the following pages. Enjoy!

## Womenspace

Womenspace - a place of Beauty, Earthiness and Sacredness – A soul-space for women where we can share and reverence our life's stories in order to shape and challenge our society

Womenspace is a place of community for women and continues to change and to grow as new women discover what Womenspace offers. It is a place where women may nurture their spirituality in a holistic way. This may be through participating in rituals, attending workshops, joining a group, meeting women from their own and other cultures or through any of the other activities and experiences of Womenspace.

Telephone: 07 3357 7444

Address: 12-14 Homebush Rd,  
Kedron 4031

Email: [coordinator@womenspace.org.au](mailto:coordinator@womenspace.org.au)

Web: [www.womenspace.org.au](http://www.womenspace.org.au)

Coordinator: Glenys McChesney-Clark

Office and Library Opening Hours:  
Tuesdays to Fridays: 10 am - 4 pm

ABN: 67 387 585 817

# LIBRARY BOOKS

## Books to Support “Purpling the Heart”



BRUTEAU, Beatrice.

*God's Ecstasy - the creation of a self-creating world.*

This book goes profoundly to the heart of reality.

CARRINGTON, Leonora.

*The Hearing Trumpet*

Reading this book liberates us from the reality of our days

CARR-GOMM, Philip.

*What do Druids believe?*

Druidism evolved out of the tribal cultures of Britain, Ireland and western France over two thousand years.

CONFOY, Maryanne Ed.

*Freedom and Entrapment - Women thinking theology*

A collection of learned and insightful essays on Christian theology and feminism by leading Australian women scholars.

CHAPMAN, Gary.

*The Five Love Languages - How to express heartfelt communication to your mate*

What are they? Quality Time, Words of Affirmation, Gifts, Acts of Service, Physical Touch

FISHER, Judi.

*Colours true and splendid*

The decade of the churches in solidarity with women.

GARDNER, Ruth.

*Celebrating the Crone*

A guide for creating a unique ritual on your journey to Cronehood.

GAUS, Andy.

*The unfinished gospels*

A contemporary translation of the gospels that let the original Greek speak for itself.

HANIGAN, James.

*As I have loved you –*

*The challenge of Christian ethics*

A clear overview of a consistent and coherent tradition of moral thought and reflection.

HIDE, Kerrie.

*A Woman's Healing Song.*

Prayer of consolation for the separated and divorced.

Hide uses the writings of Julian of Norwich to illustrate how God's deep love for us encompasses and soothes our fears, frustrations and inadequacies.

MILES, Margaret.

*Carnal Knowledge - Female nakedness and religious meaning in the Christian west*

This fascinating book explores the complex meanings of nakedness in Christian art and literature and in contemporary society.

MONAGHAN, Patricia.

*The Goddess Companion - Daily meditations on the Feminine Spirit*

This spirit-nourishing collection of 366 authentic goddess prayers, invocations, chants and songs was culled from dozens of diverse eras and cultures.

NEWTON, Michael.

*Journey of Souls - case studies of life between souls*

After reading this book you will gain a deeper understanding of the immortality of the soul and you will meet daily challenges with a greater sense of purpose.

PORTER, Muriel.

*Beyond the Twelve - women disciples in the Gospels.*

Ten studies exploring the Gospel affirmation of women.

REGARDIE, Israel.

*The art of true healing*

Each one of us can begin the process of reconstruction of ourselves ; each one of us can discover the force that can bring us true healing of our bodies and minds.

SAVAGE, Linda.

*Reclaiming Goddess Sexuality -*

*The power of the feminine way.*

The ancient matrilineal societies offer valuable insights into the mysteries of sexuality that can result in renewed sexual interest for contemporary women.

SCOTT, Jocelynn.

*Glorious age - growing older gloriously*

The most creative force in the world is menopausal women with zest...Margaret Mead.

Walker, Alice.

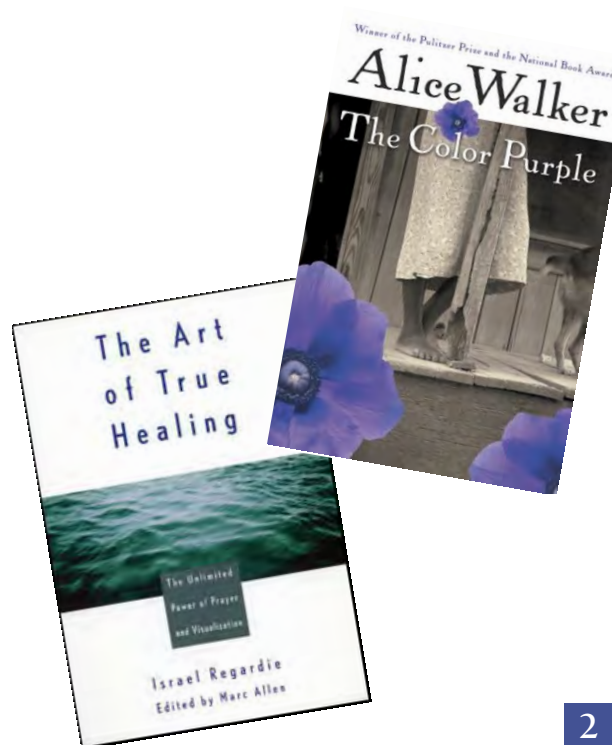
*The Color Purple*

The story of two sisters in the harsh segregated world of the Deep South between the wars.

WILDE, Maggie.

*Wildly Happy and Wise*

The author acknowledges we are all creator gurus and masters of our own destiny.



## W SACRED HOUR

Every Friday afternoon, Womenspace offers Sacred Hour. This is a time of reflection which may include readings, meditation and music. Sometimes Sacred Hour is centred around one of the main spiritual traditions and at other times, other traditions are used. On the first Friday of the month, Mary Long facilitates a dream group as part of Sacred Hour. (See "Dreamwork" item under Regular Activities). Sacred hour runs for about an hour, sometimes a little longer and you are welcome to stay on for a chat and a cuppa.

**Date: Fridays**

**Time: 1.30 – 2.30pm approx**

Gold coin donation to Womenspace please.

## W PURPLING THE HEART NEW MOON (DARK MOON) CEREMONY

Continue to celebrate our theme, "Purpling the Heart", this time in a unique way at the time of the New Moon (Dark Moon).

**Date: Tues 11<sup>th</sup> September**

**Time: 7pm till 9pm**

Cost: \$5.00 (proceeds go to Womenspace)

Facilitators: Tess Elliott & Donna Murdoch

Bookings: Limited spaces – please book.

Womenspace 3357 7444 or

[coordinator@womenspace.org.au](mailto:coordinator@womenspace.org.au)

Please bring something to share for supper.

## W SPRING EQUINOX

The Vernal or Spring Equinox occurs on 23<sup>rd</sup> September when night and day are the same length. It marks the beginning of Spring. The time is one of balance between night and day, light and dark. It is also a time to consider what goals or wishes you would like to achieve or have happen over the next year. It is a time for all that is new and possible. This ritual assists in the balancing of it all; achieving those uncompleted goals, wishes and desires - a true celebration of rebirthing your life and nature itself.

**Date: 23<sup>rd</sup> September**

**Time: 2-4pm**

Please bring a plate to share for afternoon tea

Cost: Gold coin donation please

Enquiries: Womenspace 3357 7444 or

[coordinator@womenspace.org.au](mailto:coordinator@womenspace.org.au)

## W SPIRITUAL PRACTICE & MEDITATION

On the last Sunday evening of the month, Brigitta will facilitate a meditation and spiritual practice session for approximately an hour. This is a lovely way to finish off the weekend and prepare for the coming week.

**Dates: 30<sup>th</sup> Sept; 28<sup>th</sup> Oct; 25<sup>th</sup> Nov**

**Time: 6pm**

Facilitator: Brigitta Beer

Enquiries & Bookings: Brigitta 3482 5145

## W MEMBERS' DINNER

The Annual Members' Dinner is an opportunity for all current members to meet and enjoy a social evening together. There is no charge for the evening, but please bring food – either savoury or sweet - to share for dinner. Womenspace will provide drinks. If you are not yet a member and would like to support Womenspace in this way, please contact Glenys for a Membership Application form.

**Date: Fri 5<sup>th</sup> Oct**

**Time: 7pm**

Bookings to Womenspace

3357 7444 or

[coordinator@womenspace.org.au](mailto:coordinator@womenspace.org.au)

## W TWILIGHT RETREAT: I AM MADE OF STARDUST

During our time together we will consider our place in the universe, celebrate our origins as stardust, do a little stargazing, and generally enjoy our togetherness. This retreat will be led by Mary Tinney, the Director of *Earth Link*. Mary and the project are committed to "encouraging deep bonding with earth" so that we can work towards a future where there is "respect, reverence and care for earth".

**Date: Fri 19<sup>th</sup> Oct**

**Time: 4 – 8pm**

Cost: \$15 with \$10 going to

Womenspace.

BYO supper to share.

Bookings essential by 12<sup>th</sup>

Oct: Contact Womenspace

3357 7444 or

[coordinator@womenspace.org.au](mailto:coordinator@womenspace.org.au)

## W ANNUAL GENERAL MEETING

All women are invited to the annual general meeting of Womenspace. Come and participate and be a part of the life of Womenspace. The morning will also include morning tea and a ritual. Please bring a plate to share.

**Date: Sat 20<sup>th</sup> Oct**

**Time: 9.30am – 12 noon**

Enquiries: Womenspace

3357 7444 or

[coordinator@womenspace.org.au](mailto:coordinator@womenspace.org.au)

## W REFLECTING ON PURPLE ABUNDANCE

On this evening, we will be reflecting on how we have experienced 'purple abundance' both through the programs in which we have participated at Womenspace as well as in our own personal experiences. It will be a time of listening to each other's stories and acknowledging the richness of our spirituality. Come along for an informal evening of reflection.

**Date: 2<sup>nd</sup> November**

**Time: 7.00 – 9.00pm**

Please bring a small plate for supper.

## W SUMMER SOLSTICE

On 16<sup>th</sup> December, we will be combining the Summer Solstice celebration with our end of year break-up /Christmas party. The Summer Solstice marks the day of longest light and shortest darkness. The actual date for this is Sat 22<sup>nd</sup> December but by then Womenspace will be closed for the break and so we will celebrate the Solstice early.

**Date: Sun 16<sup>th</sup> December**

**Time: 2pm – 4pm**

No charge. Please bring a plate to share

Enquiries to Womenspace on 3357 7444

## W CELTIC GUIDANCE

The ancient Celts saw all of life as holy. They developed ways to guide us on our spiritual journeying or to help us resolve a particular problem. Contemporary Celtic practitioners are reviving some of these ways.

If you would like some help in mapping out a personal journey or working through some issue in your life, Anne McLay offers spiritual direction structured around ancient Celtic tools. These are suitable for all spiritual traditions.

**One hour session: \$40/25 donation to Womenspace.**

Book with Anne 3355 7502.

# Regular Activities

## YOGA CHI GUNG

Weekly classes offer you the opportunity to learn simple effective techniques to

- nurture and heal easefully
- activate internal energy
- relax deeply
- leave feeling regenerated & peaceful Suitable for all ages and fitness levels

**Dates:** Fridays – 7, 14 Sept; 26 Oct; 2, 9,16, 23, 30 Nov; 7,14 Dec

**Time:** 9.15 -10.45am (except school hols)

**Cost:** \$15 casual (discounts for term payments)

**SPECIAL EVENT: Spring Yoga Chi Gung Retreat morning**

**Date:** 28th Sept

**Time:** 9am - 1pm.

Contact Livia for more details Ph 3264 7520 Mob 0400 654 991

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## SUPPORT GROUP – BREAKING THE SILENCE

A support group for women who have experienced sexual violence and abuse meets monthly at Womenspace.

**Date:** First Friday of the month

**Time:** 11.00 am – 12.30pm

For more information, please contact Mary Matthews Ph: 0431 489191

Gold coin donation. Bookings not necessary.



## DREAMWORK

Individual dreamwork with an experienced facilitator is available at Womenspace. This is an opportunity to share your dream in a safe and private place and to use some processes that could open out the dream for your personal enrichment.

**The fee is \$30 or a donation. All money goes to Womenspace.**

Mary also helps facilitate a Dream Group at Womenspace on the first Friday of every month between 1.30 - 3.00pm. Additionally, we are now offering evening sessions on a trial basis. These will be held on Thursdays - September 20, October 18, November 15, between 7.00 - 9.00 pm. All “dreamers” welcome, whether you are new to dreamwork or not.

Gold coin donation to Womenspace.

Enquiries to Mary on 3359 4640.

## W EXPLORING MOVEMENT

This group gives an opportunity for any woman, regardless of age, to take time out to connect more deeply with herself. We give encouragement to our body to explore in space, using dance, movement, and music in the beautiful setting of Womenspace. By nurturing body and soul together comes new delight in the senses as well as finding a release from too much thinking. There is fun in discovering dance movement therapy.

We can activate our own healing process through the inner wisdom held in our body, and recognise our own creativity in movement. It gives us a new practice of self discovery and awareness.

**Day:** Wednesdays

**Time:** 10.00 – 11.30am

**Cost:** \$5 or donation

(proceeds to Womenspace)

Enquiries: Please phone

Christine Fensham 3392 1246

to book in.



## PERSONAL DOWSING

Are you seeking a feeling of well-being, inner peace and balance in your life? Would the qualities of clear thinking, focus and discernment benefit you? Do you want to feel more relaxed and experience a renewed zest for life? This is what DOWSING offers.

Dowsing is a powerful gift of the Universe. It is a modality that allows us to connect to the energy vibration that is all around us with amazing accuracy and results. Using intent, our minds connect to a Higher Source and we become conduits that allow energy to flow. Negative experiences throughout our life leave imprints or blockages in the energy fields that surround our physical body. These blockages will eventually attack our physical body and inhibit healthy and balanced development. Through dowsing, the imprints can be located and cleared, allowing positive energy to again flow throughout the fields. There are many energy field levels that can be cleared, including the 20 basic fields, the 20 higher fields, the outer fields, and the chakras. The body is now able to do what it does best, that is, to heal itself.

To experience this amazing healing modality or for more information about dowsing,

**Contact: Di Gamble  
33554126.**

**Your investment: \$60 for 1 hour**

## PERSONAL AND ENVIRONMENTAL HEALING THROUGH DOWSING.

Would you like to be in a perpetual state of well being, free of negative thoughts, feelings and beliefs that hold you back from achieving your true potential? Vast energy fields surround our physical body, sometimes blockages or disturbances occur in these fields due to past hurts or traumatic events. Blockages cause feelings of tiredness, irritability, sleeplessness, stress and many illnesses. Access your inner knowing and intuition using the age-old modality of dowsing, discover where there are blockages and learn how to remove and heal the blockages. Once our energy fields are in a clear and balanced state we are in harmony, thereby promoting healing. Underground streams and energy lines, mobile phones, electricity pylons and mobile phones cause geopathic stress. Geopathic stress has been found to be the common factor in many serious and long-term illnesses and psychological conditions. A study has shown that 100% of people who have secondary cancer, 95% of children who are hyperactive and 80% of babies who died of cot death live or sleep in a geopathic stressed area. Through dowsing we are able to discover geopathic stress in our homes and effectively deal with it.

For more information on dowsing or dowsing workshops please phone Erika Lane, from The Australian Academy of Dowsing on (07) 3264 6477 or 0413 335 315. Cost for a day workshop is \$98.00



Feel energised yet relaxed  
Expanding body & mind

Friday am  
Womenspace  
12-14 Homebush Rd  
Kedron



Livia Contact  
h: 3264 7520  
m: 0400 654 991

# Workshops & Courses

## DANCING THE DIVINE

### FINDING YOUR OWN RHYTHM

Expressing the essential feminine through music, movement, meditation and breath. Let's heal, inspire, pray, release and have fun through our bodies. We can connect to universal energy through dance. Let's get out of our minds and into our bodies.

**Dates: Saturdays 1st, 15th, 29th September; 13th October; 3rd, 17th November; 8th December**

**Time: 10am - 12pm**

Cost: \$25

Contact: Donna Murdoch 3352 5625

## INNER CHILD NURTURING

### FACILITATOR: THERESA (TESS) ELLIOTT

Learn to reconnect with your "inner" child in a fun filled day. Discover all the aspects of your child 'within' and learn simple yet powerful techniques to acknowledge, release and heal the wounded parts of your soul. Develop a full and loving relationship with yourself that will help you to make better choices in your life.

**Date: Saturday 8<sup>th</sup> September**

**Time: 9am - 4pm**

**Cost: \$85** (\$75.00 member of WS) A deposit of \$25.00 is required two weeks before the day.

(Tess will need to purchase items for the workshop). This cost also covers for a follow up gathering 3 weeks later.

Morning and a full Afternoon Tea will be provided as well as an Information Kit. Please bring something to share at lunch.

**Contact:** Bookings: 3355 9370 or Email: [artonsuede@pacific.net.au](mailto:artonsuede@pacific.net.au)

## THE JOURNEY OF THE SOUL THROUGH KARMIC EVOLUTIONARY ASTROLOGY

Astrology is a holistic art/science which studies the relationship between the heavenly stellar bodies, planets, and us. At the moment of our birth, the positions of the planets reveal our life script, the journey we are about to undertake in this lifetime. The natal birth chart is a blue-print of the individual and reveals much about our strengths, our talents, lessons to be learned and potentials to be developed. Astrology is a wonderful diagnostic tool for understanding and healing ourselves and others.

During this Certificate Course in Evolutionary Astrology we will explore the deeper karmic meanings of the planets, signs, asteroids, Nodes, Chiron - the Wounded Healer and other karmic placements in the natal chart. To understand the Self is to begin a quest for freedom and liberation whereby you discover the beauty and wonder of who you really are (a divine soul here on Earth)! You will learn of the archetypal mythology and psychology behind the planets and signs via meditation and astro-drama, thereby gaining a deeper understanding of your unique personal spiritual journey. Birth Chart and Tuition Notes are provided.

**Dates: Monthly Sunday workshops – 9th Sept; 14th Oct; 11th Nov**

**Time: 10.00 am - 4.00 pm on each day**

Cost: \$65 per day

*Your teachers:*

Jeanni Monks BA Psych. Dip. Ed. FAA Prac Cert. AAT

Charyn McLean Dip. Psych. Astrol. FAA Prac Cert.

Contact Jeanni for more information & bookings: 3314 0452 or 0407 324861  
Email: [gemrise@optusnet.com.au](mailto:gemrise@optusnet.com.au)



## TRAVELLING WITH THE TURTLE

### A small group process in women's spirituality and peacemaking

presented by Carole Powell from Pace e Bene Australia

Women's spirituality is a powerful force for peacemaking. Deeply rooted in women's experience and stories, this program explores the values and practices of this spirituality that help us heal and make peace with ourselves, our families, our communities, creation and in our world. Our small group process manual, and workshops will be companions that enhance the journey we are on as women seeking to make peace. We will be one of an increasing number of circles of women that are acting together for peace.

**Date:** Continues Tuesday evenings. 11<sup>th</sup> & 25<sup>th</sup> Sept; 9<sup>th</sup> & 23<sup>rd</sup> Oct

**Time:** 7pm – 9pm

TwtT process manual \$35

Cost \$5 per session to cover cost of room hire.

Contact Carole 07 54985247 or 0431928500

Website: ([www.paceebene.org](http://www.paceebene.org))

## DAILY TAROT

*Megan Williams is a trained Counsellor, Human Resources Consultant and Tarot enthusiast who has studied under tarot masters both in Australia and overseas. Megan uses the tarot as a tool for personal growth and integrates tarot readings into her counselling work.*

Have you ever looked at a Tarot Deck and thought "I don't have enough time to learn the cards today!" Come along and join other novice and experienced tarot enthusiasts to pick up some simple spreads and techniques for learning or refreshing your knowledge of the tarot cards. In each session we will look at how we can access the tarot for daily wisdom and guidance in a way that can take as little as five minutes. If you would like to strengthen your connection to the cards and not take a lifetime to achieve it, join us as we break the traditions of tarot and pick up the cards day by day.

**Dates:** Wednesdays Monthly - Sept 19th; Oct 24th, Nov 21st.

**Time:** 7pm

Fee: \$15

What to Bring: Your tarot deck (any deck) and some nibbles to share.

Bookings: Megan Williams - 0411 510 676.

## REIKI WORKSHOPS

with Reiki Master Catherine Aitken B.N. Registered Master/Teacher with the Australian Reiki Connection

Imagine being able to feel universal healing energy flow through you at any given moment that you choose. Learning Reiki can empower you in this way so that you may receive healing and balancing for yourself as well as being able to pass it on to others. The name Reiki can be defined as "Spiritually guided life force energy" that is facilitated through the hands. It has been traced back to ancient Tibet and performed by Buddhist monks for centuries.

There is no prior knowledge or experience in any healing modalities required. Catherine Aitken has been a Reiki Master since 1999 and has studied many modalities of healing. She is dedicated to empowering people to heal themselves and their lives, and as such offers comprehensive training at a very low price.

### Beginners - Reiki 1

Dates: Sat 22nd Sept or Sat 27<sup>th</sup> Oct or Sat 1<sup>st</sup> Dec

Time: 9am to 5pm

Cost: \$97 (includes manual and certificate)

Registration / information contact: Catherine Aitken

Ph: 0416 257 770 or email:

[the\\_soul\\_garden@yahoo.com.au](mailto:the_soul_garden@yahoo.com.au)

## BELTANE

### In celebration of holy desire – The seasonal moment of Beltane

Beltane – High Spring - is the Seasonal Moment of the year that celebrates Desire – Holy Lust – that which holds all things in form and allows the dance of Life. This is the time when sweet Desire is met, when the light is dominating and continuing to grow. It is the time to open to the consummation and fruiting of our passions. This en-trancing Goddess Conference workshop will provide an overview of the rhythms and poetry of the seasonal wheel, an experiential focus on Beltane/High Spring themes which are resonant with those of the G.A.I.A. Conference 2007, and conclude with participation in a Beltane ritual.

**Date:** Sunday 7<sup>th</sup> October

**Time:** 9.30am for 10am start – 4pm

Cost: \$85 – \$65 sliding scale, which includes ritual materials.

Facilitator: Glenys Livingstone Ph.D.

Bring: An object or photo of beauty, optional head garland and special clothing for the ritual. Your lunch.

To register: email [pagaian@bigpond.net.au](mailto:pagaian@bigpond.net.au) or phone:

(02) 4751 6100 Website: <http://pagaian.org>

Glenys' book *PaGaian Cosmology* will be available for purchase on and also CD's of her *PaGaian Meditations* @ \$10

*Glenys Livingstone Ph.D. is author of PaGaian Cosmology: Re-inventing Earth-based Goddess Religion, which was an outcome of twenty-seven years of study, inner work, teaching and facilitating groups, and life experience, focused on a Goddess path and expression. She has been taught by Starhawk, priestess of the Western European Earth spiritual tradition and has integrated this with the work of physicist Brian Swimme and cultural historian Thomas Berry. Glenys also learned liturgical practice at the Jesuit School of Theology in Berkeley California, as part of her Master's in Theology and Philosophy.*

## GIFT INTRODUCTORY SHARING CIRCLES

We'd love to have you join us for an evening of depth and sharing as an introduction to The Gift – A Women's Rite to Herself. Please bring a small plate of food to share, a cushion & your water bottle. As we are offering a very special nourishing and sacred space for inner depth and exploration, we are asking for a small donation of \$5 per circle to help us cover the cost of venue hire, tea & coffee etc. Your RSVP of attendance is essential thanks, to Sheila 3357 9291 or 0421 318 575 or email [sheilaheartsoul2004@yahoo.com.au](mailto:sheilaheartsoul2004@yahoo.com.au) or to Rose 3357 7903 or 0408 199687 or email [roseweaver9@hotmail.com](mailto:roseweaver9@hotmail.com)  
Website: [www.shematrix.com](http://www.shematrix.com)

**Dates: Fridays 26th Oct; 14th Dec**

**Time: 6.30pm arrival for 7pm – 10pm approx**

Cost: \$5

Contact: Sheila 3357 9291 or Rose 3357 7903

## EFT - EMOTIONAL FREEDOM TECHNIQUE

Attract abundance with EFT - emotional freedom technique. This workshop offers a unique way of healing on all levels. The technique is simple and easy to learn and is portable so you can take it away with you to use on a daily basis if you choose to do so. Ruth will lead participants on a journey of self discovery with the right phrases for you to clear blockages consciously and unconsciously. Deep core issues will no longer exist. We combine the EFT technique (tapping on a pattern of acupuncture meridian points) with the use of aura light colour harmonic bottles plus over thirty years of Ruth Eedy's experience as a pioneer in alternative medicine.

This workshop is experiential and it is subtle but powerful in achieving results. EFT has provided many people with relief from pain, diseases, and emotional issues. It can be used to give up smoking, for phobias, fear of public speaking, weight loss and some illnesses. The cause of all negative emotions is a disruption in the body's energy system. Allow EFT to bring freedom into your life where you thought none was possible.

**Date: Sat. 10<sup>th</sup> November**

**Time: 10am – 5pm**

Cost: \$150 (includes pen/paper & refreshments)

Bring lunch to share

Bookings and enquiries: Jenny Meaden 3300 3646

Website: [www.rutheedy.com](http://www.rutheedy.com)



## FULL MOON CEREMONY

Celebrate the November full moon and come dressed as the individual Goddess that you are.

**Date: Saturday 24<sup>th</sup> November**

**Time: 6.30 for a 7pm start**

Cost: \$25.00 Supper is included. \$10.00 deposit is required, limited space.

Facilitators: Donna Murdoch and Tess Elliott

Bookings: Limited numbers – phone Donna: 33525625 or Tess: 3355 9370; 0417141212



## MOONTREE ANCIENT HISTORY SEMINAR

Facilitated by Alicia Sherwood, this is a unique one-day workshop that combines informational aspects with practical components to ensure our new found wisdom is embodied in a nurturing, joyful and sacred way! This will assist in the integration of knowledge, and enhance its relevance for each woman, and her life right now!

### **The Sacred Serpent- Significance and Usage in Ancient Religion**

This Sacred Seminar explores the importance of the snake in ancient religious practice, particularly in the Aegean region. Tracing the serpent in art and cult practice, we will discover the significance of the association of the serpent to the Goddess, the gender considerations which arose from its use, and its character and function in the Mysteries.

Let the serpent uncoil...come, be awakened and renewed at this beautiful gathering!

**Date: 15<sup>th</sup> December**

**Time: 10am – 4pm**

Cost: \$120 per person. Includes all materials and catering (vegetarian). Just bring yourself.

Bookings and enquiries: Please email Alicia at [alicia.sherwood@bigpond.com](mailto:alicia.sherwood@bigpond.com) to register, or phone 0402 656 243 for more information.

# General info



## T SHIRTS

Our own beautiful Womenspace T Shirts are available in lime green and lilac in sizes from Small to 5XL. They are good quality cotton T shirts. The price is \$35 or \$30 for those with formal membership of Womenspace. There is also a concession price of \$25 for women who hold Health Care and Pension cards.

For more information, please contact Glenys at Womenspace 3357 7444 or [coordinator@womenspace.org.au](mailto:coordinator@womenspace.org.au)

## ENTERTAINMENT BOOKS

2007- 08 Entertainment Books are available from Womenspace. The price is \$60. There are hundreds of half price and discount vouchers for restaurants, cafes, cinemas, shows, accommodation and much more - Fantastic value! Call in and collect one. Contact 3357 7444 or [coordinator@womenspace.org.au](mailto:coordinator@womenspace.org.au)

## FINANCIAL SUPPORT

Have you considered making a regular contribution in support and appreciation of Womenspace? Direct debit is an easy way to do this. Phone and ask for a form to be sent to you or pick one up when you're next at Womenspace. Your financial support is very important to help ensure that Womenspace continues to provide a safe and sacred place for women.

If you are not able to make a regular financial contribution, you could consider becoming a member. Your annual membership will assist in maintaining Womenspace.

## LIBRARY

Come and spend some time in our library. You're welcome to make yourself a cup of tea/coffee and browse through the shelves. Books cover many subjects of interest to our members.

We have titles on - *Women's issues, Religion,, Ritual & Meditation, Feminism, Spirituality, Feminist spirituality, Health & healing, Self-help & personal growth, Relationships & sexuality, Biography, Fiction.*

There is a limited number of tapes, CDs and videos on the above topics.

Donations of suitable material are always welcome.

All women may use the library. Borrowing is also available to members of Womenspace.

## ROOM HIRE

Womenspace is an ideal venue for your workshops, meetings, training and seminars.

We also have a therapy room available for practitioners to hire as well as a small counselling room. For more information and details of room hire fees, please request a brochure from [coordinator@womenspace.org.au](mailto:coordinator@womenspace.org.au) or 3357 7444.

## VOLUNTEERS

Volunteers are always needed to ensure the efficient running and maintenance of Womenspace. If you would like to assist in some way, please contact [coordinator@womenspace.org.au](mailto:coordinator@womenspace.org.au) or phone 3357 7444.

Assistance is needed in areas of

- Office administration
- Event organisation
- Publicity & promotions
- Fundraising
- Hospitality & catering
- Networking
- Gardening
- Cleaning
- Maintenance/handywoman

## EMAIL UPDATES

This newsletter is produced three times a year. If you are a member of Womenspace, the newsletters will be posted to you free of charge if you request them. Non-members may have newsletters posted to them for \$10 per year. The newsletter is also emailed to those who request electronic newsletters only and to all on the weekly email update list. Other events and information frequently come in between newsletters and so we also produce a weekly email update.

If you would like to receive this free of charge, please send an email to [coordinator@womenspace.org.au](mailto:coordinator@womenspace.org.au) requesting your name be added to the list.

# Programme in Brief

Date	Activity	Page	Date	Activity	Page
<b>September</b>			<b>November</b>		
01	Dancing the Divine	6	02	Yoga Chi Gung	4
07	Yoga Chi Gung	4	02	Sexual Abuse Support Group	4
07	Sexual Abuse Support Group	4	02	Sacred Hour	3
07	Sacred Hour	3	02	Reflecting on Purple Abundance	3
08	Inner Child Workshop	6	03	Dancing the Divine	6
09	Journey of the Soul-Karmic Astrology	6	09	Yoga Chi Gung	4
11	Travelling with the Turtle	7	09	Sacred Hour	3
11	Purpling the Heart Dark Moon Celebration	3	10	EFT Workshop	8
14	Sacred Hour	3	11	Journey of the Soul-Karmic Astrology	6
14	Yoga Chi Gung	4	15	Dream Circle	4
15	Dancing the Divine	6	16	Yoga Chi Gung	4
19	Daily Tarot	7	16	Sacred Hour	3
20	Dream Circle	4	17	Dancing the Divine	6
21	Sacred Hour	3	21	Daily Tarot	7
22	Reiki 1 (Beginners)	7	23	Yoga Chi Gung	4
23	Spring Equinox Ritual	3	23	Sacred Hour	3
25	Travelling with the Turtle	7	24	Full Moon Ritual	8
28	Sacred Hour	3	25	Spiritual Practice & Meditation	3
29	Dancing the Divine	6	30	Yoga Chi Gung	4
30	Spiritual Practice & Meditation	3	30	Sacred Hour	3
<b>October</b>			<b>December</b>		
05	Sexual Abuse Support Group	4	01	Reiki 1 (Beginners)	7
05	Sacred Hour	3	07	Yoga Chi Gung	4
05	Members' Dinner	3	07	Sexual Abuse Support Group	4
07	Beltane Workshop	7	07	Sacred Hour	3
09	Travelling with the Turtle	7	08	Dancing the Divine	6
12	Sacred Hour	3	14	Yoga Chi Gung	4
13	Dancing the Divine	6	14	Sacred Hour	3
14	Journey of the Soul-Karmic Astrology	6	14	Gift Circle	8
18	Dream Circle	4	15	Moontree Ancient History Seminar	8
19	Sacred Hour	3	16	End of Year Party/ Summer Solstice	3
19	Twilight Retreat	3			
20	Annual General Meeting	3			
23	Travelling with the Turtle	7			
24	Daily Tarot	7			
26	Yoga Chi Gung	4			
26	Sacred Hour	3			
26	Gift Circle	8			
27	Reiki 1 (Beginners)	7			
28	Spiritual Practice & Meditation	3			

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